

# INSPIRATION

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by Christine Toy Johnson

## in·spi·ra·tion

|,ɪnspəˈrɑːʃən|

From the Oxford Dictionary:

### NOUN

1. the process of being mentally stimulated to do or feel something, especially to do something creative.
2. the drawing in of breath; inhalation.

I can't help but feel the two are related. The ocean is one of my greatest places of inspiration. I like to sit at the edge and as the tide goes in and out: inhale possibility, exhale doubts and fears. I look at the endless, great expanse of water in front of me and know that all things are possible. Even a life in show business.

This is one of my favorite photos. The little figure at the edge of the sea, Warwick Long Bay in Bermuda to be exact...is me, being inspired.

PHOTO BY BRUCE ALAN JOHNSON